## Activity Programme

## Wednesday - Friday

**Group:**
**Date:**
**Group Size** 48
**No Groups:** 4 groups of no more than 12 participants per group

| **Day one** | | 13.00 | 13.30 15.00 | 15.00 - 16.30 | 16.30 - 18.45 | 18.45 - 20.00 |
|---|---|---|---|---|---|---|
| Group 1 | | Move into accommodation | Leap of faith | Team Challenge | Dinner and Free Time | Swimming |
| Group 2 | | | 3G Swing | Leap of faith | | |
| Group 3 | | | Crate Stack | 3G Swing | | |
| Group 4 | | | Multi Sramble | Crate Stack | | |

| **Day Two** | 08.00 - 09.30 | 9.30 - 11.00 | 11.00 - 12.30 | 12.30 | 13.30 - 15.00 | 15.00 - 16.30 | 16.30 - 18.45 | 18.45 - 20.00 |
|---|---|---|---|---|---|---|---|---|
| Group 1 | Breakfast Served | Laser Tag | Archery | Lunch | Giant Zip Wire | 3G Swing | Dinner and Shop | Camp Fire |
| Group 2 | | Team Challenge | Laser Tag | | Indoor Climb | Giant Zip Wire | | |
| Group 3 | | Team Challenge | Multi Sramble | | Leap of faith | Indoor Climb | | |
| Group 4 | | 3G Swing | Team Challenge | | Fan Descender | Leap of faith | | |

| **Day Three** | 08.00 - 09.30 | 09.30 - 10.45 | 10.45 - 12.00 | 12.00-12.30 | 12.30 - 13.45 | 13.45 - 15.00 | 15.00 |
|---|---|---|---|---|---|---|---|
| Group 1 | Breakfast Served | Multi Sramble | Fan Descender | Lunch | Crate Stack | Indoor Climb | Depart |
| Group 2 | | Archery | Multi Sramble | | Fan Descender | Crate Stack | |
| Group 3 | | Giant Zip Wire | Archery | | Laser Tag | Fan Descender | |
| Group 4 | | Indoor Climb | Giant Zip Wire | | Archery | Laser Tag | |

## Notes:

The young people must arrive with suitable clothing for weather conditions
Please ensure the young people supply their own packed lunch on the first day.