Allergen Matrix

For cereals containing gluten, and nuts, the type of gluten and type of nut needs to be specified.

Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Vegetarian Sausage		Wheat											✔	
Veggie Burger		Wheat												
Coco Pops		Barley								May also contain nuts				
Malted Wheats		Wheat, Barley												
Cornflakes		Barley												
Mayo				✔					✔					
Ham Sandwich		Wheat/Rye					✔						✔	
Turkey Sandwich		Wheat/Rye					✔						✔	
Tuna Mayo Sandwich		Wheat/Rye		✔	✔		✔		✔				✔	
Cheese Sandwich		Wheat/Rye					✔						✔	
Jam Sandwich		Wheat/Rye					✔						✔	
Ketchup - NO ALLERGENS														
Gluten free chicken burger - NO ALLERGENS														
Margerine							✔							
Gluten free brownie				✔			✔			May also contain nuts				
Gluten Free Brioche buns & slied bread				✔										

Review date: 18/02/25 Reviewed by: Martin Lovell

Scan the QR code or visit *ncass.org.uk/safetymanagementsystem* for additional resources.

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